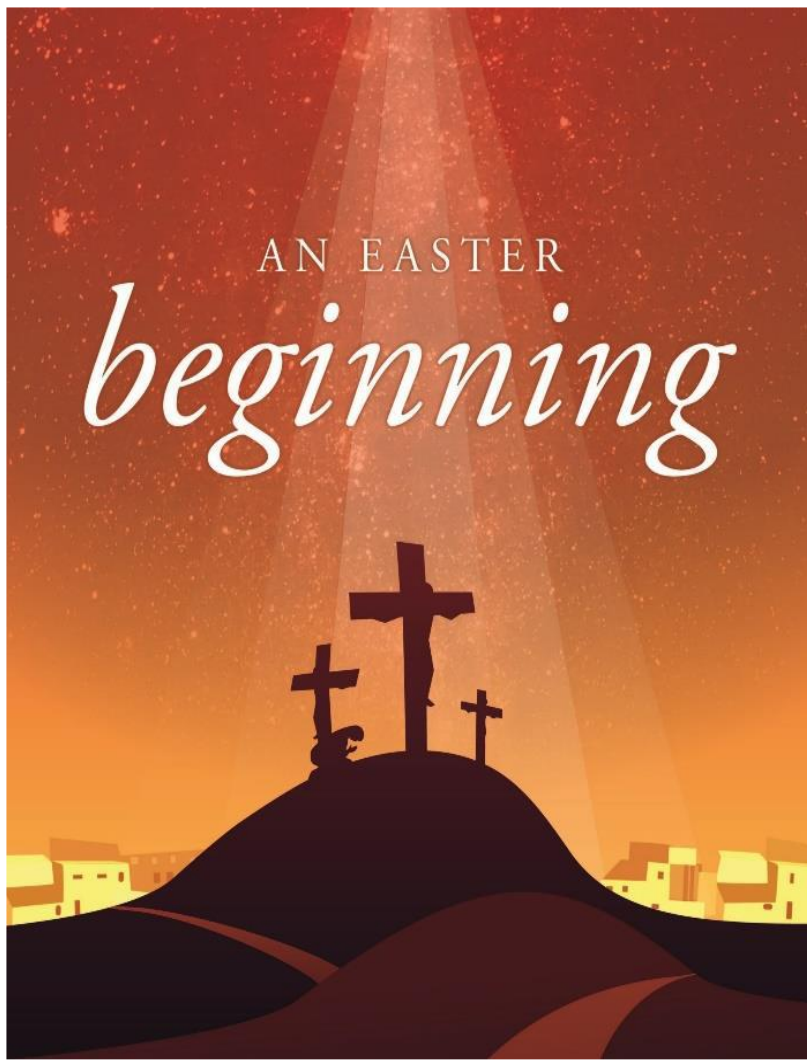


**ST ANDREW'S CHURCH OF ENGLAND  
HANDSWORTH, BIRMINGHAM**



*THE MESSENGER*  
**PARISH MAGAZINE**  
**APRIL 2020**

## **St Andrew's Clergy**

**The Church is currently in Interregnum**

**Enquiries – 0121 551 2097 or email [vicar@standrews-handsworth.org.uk](mailto:vicar@standrews-handsworth.org.uk)**

## **Church Wardens**

Carl Hart – 07967 410155

Elaine Powell – 07486 013679

## **Lay Readers**

Carole Sami – 07447 889657

Alison Thorne

Valerie Powell (Child Protection and Vulnerable Adult Representative)

Stuart Jeffs (Director of Music)

## **Services**

**The Church is currently closed in line with HM Government guidelines. There will be some services available via internet link and these will be advertised on the following: -**

**Church Website** <https://www.standrews-handsworth.org.uk>

**Facebook** <https://www.facebook.com/groups/StAndrews.Handsworth>

**Twitter** @StAndrewCE\_HW

## **St Andrew's WhatsApp Group**

If you wish to join please contact Carl Hart 07967 410155, Valerie Powell 07540 890068 or Stuart Jeffs 07910 484505

## **Letter from The Vicarage**

Happy Easter, everyone!

At St Andrew's, we would usually be saying that on Easter Sunday morning, surrounded by friends. The white lilies would be a beautiful reminder of those no longer with us. The music would include some of our favourite hymns, as we sing "Thine be the Glory". And of course, many ladies would come beautifully dressed for the occasion.

Who could ever have guessed how different this year would be, with no services to celebrate Easter? So how will we celebrate Easter Sunday this year?

The main thing is that Easter Day is celebrating the resurrection of Jesus from the dead. New life, stronger than death. New hope, stronger than despair. If you are having to self-isolate, you need that message of hope and new life more than ever.

I'm reminded that on the first Easter morning, it wasn't about big crowds of people coming together to sing hymns. It was about just a few people, rather puzzled and uncertain at what was going on. Mary Magdalene, crying because the tomb was empty – and not recognising Jesus. In Mark's gospel, the two Marys and Salome running from the tomb, distressed and terrified.

This year, Easter Day will be different for us, and maybe that will mean that we see it through different eyes. We may be alone, or just in twos or threes. Perhaps we will feel puzzled by it all. Perhaps we will realise how important Jesus really is for us at a time when we are alone or frightened.

If you use your smartphone and laptop a lot, there are lots of wonderful resources. Podcasts, websites, live streaming of services (including sometimes from our own Bishop David.)

If you aren't so techno savvy, don't forget that there are services on radio and TV. There's the Daily Service on Radio 4 longwave every

weekday morning. There's Sunday worship at 8.10 on Radio 4, led on Easter Day by Archbishop Justin.

And even though many of us will be at home, there's that phone call which we can make to wish a friend a Happy Easter.

On the first Easter Sunday evening, the disciples were behind locked doors. They were self-isolating! And Jesus comes among them and says *Peace be with you*. And he said it again: *Peace be with you*.

This Easter, let yourself hear those words of Jesus spoken specially to you. *Peace be with you*. Find a place in your heart for God's peace, and let's carry on praying for one another until we can be together in church again on a Sunday and sing our hymns of joy and hope and new life:

Alleluia, Christ is Risen. He is risen indeed, Alleluia!

**Fr John**

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On 11<sup>th</sup> March 2020, the World Health Organization (WHO) declared the coronavirus to be a global pandemic. Since its outbreak in January in Wuhan, China, the world has been slowly engulfed by fear of this invisible but deadly threat.

As the virus has spread, so have the efforts of our Governments to slow the virus. Countries are on lock down, and hundreds of millions of people have been told to stay at home. Normal life has shut down for most of us. Businesses, schools, industries, restaurants, sports, theatres and even churches have all been shut.

Every community must now deal with the crisis, in one way or another.

The members of St Andrew's Church wish to express our deep concern and sympathy for all who live in our community at this time. We want you to know that we have committed to praying for you, and that we are looking into ways of showing our care and regard for you. This is especially true if you are among the elderly and most vulnerable in our community.

We would like to share with you now the following verses which remind us that we are right to trust in God:

*'Those who live in the shelter of the Most High  
will find rest in the shadow of the Almighty.  
This I declare about the Lord:  
He alone is my refuge, my place of safety.  
He is my God, and I trust Him.  
For He will rescue you from every trap  
and protect you from deadly disease.  
He will cover you with His feathers.  
He will shelter you with His wings.  
His faithful promises are  
your armour and protection.'*  
**Psalm 91:1-4, (NLT)**

For I am the Lord your God  
who takes hold of your right hand  
and says to you, do not fear;  
I will help you.  
**Isaiah 41:13 (NIV)**

(c/o Parish Pump)

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### **What the Archbishops say: Coronavirus update 27 March 2020**

Since 17<sup>th</sup> March, when the Archbishops of Canterbury and York had to put the public worship of the Church of England on hold, they have called on Christians to become “a radically different kind of church, rooted in prayer and serving others.”

They have also urged congregations to be in the forefront of providing practical care and support for the most poor, and the most vulnerable, during the crisis. “We may not be able to pray *with* people, but we can certainly pray *for* people.

“And please do carry on supporting the local foodbank and buy extra provisions for it. Ensure also that the night shelters, wherever possible, are kept open. “Then by our service, and by our love, Jesus Christ will be made known, and the hope of the gospel – a hope that can counter fear and isolation - will spread across our land.”

They add: "This is a defining moment for the Church of England. Are we truly a church for all, or just the church for ourselves? "We urge you sisters and brothers to become a different sort of church in these coming months: hopeful and rooted in the offering of prayer and praise and overflowing in service to the world."

**(c/o parish pump, taken from [www.churchofengland.org](http://www.churchofengland.org))**

## **The Church of England Website**

Although churches across the country are closed, worship and prayer can continue in different forms.

The Church of England website advertises the following.

1. You can join thousands of services streamed live from across England and Europe. Visit website - [cofe.io/ACNYLiveStream](http://cofe.io/ACNYLiveStream)
2. Lent Reflection can be read by your smart speaker. Activate the Church of England skill on your Alexa or Google Home to make the most of Live Lent - [cofe.io/SmartSpeakers](http://cofe.io/SmartSpeakers)
3. By lighting a virtual candle, you are making space to remember someone. You can do this at any time on the website – [www.churchofengland.org/life-events/funerals/light-candle](http://www.churchofengland.org/life-events/funerals/light-candle).



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## Article from Alison Thorne

When I preached at St Andrew's on the 19<sup>th</sup> of January, I found I had too much to say, and I had to cut out a lot of what I had prepared. In particular I had to cut out my ideas about the Old Testament reading from Isaiah, and I was sorry about that because the Old Testament is given us for a reason, and we have a lot to gain from studying it. It's all too easy to concentrate on the New Testament, and plainly that is important; but we miss out on a lot if we ignore the older book. So, I thought I would put what I didn't have time to say into a magazine article and hope that it would reach some of you that way.

***Isaiah 49:1** Listen to me, O coastlands, pay attention, you peoples from far away! The Lord called me before I was born, while I was in my mother's womb, he named me. <sup>2</sup> He made my mouth like a sharp sword, in the shadow of his hand he hid me; he made me a polished arrow, in his quiver he hid me away. <sup>3</sup> And he said to me, "You are my servant, Israel, in whom I will be glorified." <sup>4</sup> But I said, "I have laboured in vain, I have spent my strength for nothing and vanity; yet surely my cause is with the Lord, and my reward with my God." <sup>5</sup> And now the Lord says, who formed me in the womb to be his servant, to bring Jacob back to him, and that Israel might be gathered to him, for I am honoured in the sight of the Lord, and my God has become my strength-- <sup>6</sup> he says, "It is too light a thing that you should be my servant to raise up the tribes of Jacob and to restore the survivors of Israel; I will give you as a light to the nations, that my salvation may reach to the end of the earth." <sup>7</sup> Thus says the Lord, the Redeemer of Israel and his Holy One, to one deeply despised, abhorred by the nations, the slave of rulers, "Kings shall see and stand up, princes, and they shall prostrate themselves, because of the Lord, who is faithful, the Holy One of Israel, who has chosen you."*

Isaiah speaks of his calling to be a prophet and shows us some interesting things about the nature of calling. He says he was called before he was born. As soon as he was conceived, long before he knew about it, God intended him to be a prophet. So, he grew up in that knowledge. As a baby he didn't know, as a child he began to

know, as a man he was convinced. But there was always an ambiguity. God hid his vocation. He was God's secret weapon. An arrow hidden in the quiver; a sword concealed in God's hand. So, he knew, but others didn't. And then he comes to God and he says, "It's all too much for me. Take it away. I've tried but I can't manage" – he is doubting his own vocation. He himself knows, but he doesn't know. God's response is not to soothe him as he gives up being a prophet and retires to live a quiet life in the country, but to heap more responsibility on him, to give him bigger tasks. To send him as a prophet not just to Israel (hard enough) but to the nations, and to the end of the earth. So, the concept of God's chosen people begins to be not limited to the Jews but to all the children of creation.

In a lesser way we all have our own vocation as Christians, a vocation to give ourselves in obedience to God and to dedicate ourselves to his service and to the service of others. When we turn to God in doubt and say, "I can't do it. It's too much. Take it away." God may hear our prayers in an unexpected way and give us bigger tasks, asking us to work more widely at the service we are giving. Are we prepared for that? God won't ask us to do anything we are unable to do. Rather he re-equips our abilities to meet his tasks. And he only asks us to do them with his support and under his protection.

## **Alison Thorne**



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## **New Mental Health Reflections published by the Church of England**

A series of reflections on how to cope with anxiety and loneliness in the face of the coronavirus pandemic, including simple Christian meditation techniques and five tips, have been published by the Church of England. A number of actions that could help people feeling isolated or worried, as well as those who grieve, are put forward in a new guide *Supporting Good Mental Health* and written by Durham University academic Revd Professor Chris Cook with Ruth Rice Director of the Christian mental health charity 'Renew Wellbeing'.

The booklet gives advice ranging from putting aside time to rest and eating and sleeping well, to using the phone and the internet to reach those who may be struggling on their own. Making a list of all the good things – and people – that you miss when you are on your own and thanking God for them, can be a way of helping cope with loneliness, the guide says.

Simple prayers can be said repeatedly as a means of helping to deal with stress, the booklet says, and lighting a candle, where safe, can be a helpful form of prayer for some people. Quotations from the Bible can be a useful aide to meditation and calming fears, including writing down and repeating short passages, it suggests. A phrase such as Psalm 18:1 'The Lord is my rock, my fortress and my deliverer' could be chosen for each week and used as background for a mobile phone as a 'go to' thought when someone is anxious. It also suggests repeating a simple phrase from the Psalms such as Psalm 4:8 'I will both lie down and sleep in peace; for you alone, O Lord, make me lie down in safety,' to help calm the mind before sleeping.

The Rt Revd James Newcome, Bishop of Carlisle and the Church of England's Lead Bishop on health and social care, said: "I welcome publication of these further resources.

"For some time now the issues of loneliness and isolation have been identified as major problems within our society. The coronavirus pandemic will only create further challenges in this respect. So, it is

vital that we do all we can as a church to protect people's mental wellbeing.

“The reflections are beautifully presented and scripturally based, with the ‘Have A Go’ sections intentionally focussing on how people should be kind to themselves. That is so important at this time. My prayer is that as many people as possible are able to draw upon these new resources over the coming weeks and months.”

(c/o Parish Pump)

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### **Social Distancing**

The eeriness of the empty streets  
Anxiousness on the faces you meet  
Social Distancing  
Panic buying and scaremongering  
Every day we wake up wondering  
Social distancing  
Overstretched service's sadness and pain  
When will our world be healed again?  
Social distancing  
Doors of churches no longer open  
Hear the words of our Lord truly spoken  
Social distancing  
Use that time and that space  
To ask for his mercy and grace  
Social distancing  
For the time it draws near  
No longer will we fear  
Social distancing  
As we all come together to truly remember  
How our world really should be  
United together, have love for each other  
That's Christ's Ministry

Valerie Powell - Poetry Emotions

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## **The World Cannot Be Fixed Without Jesus**

A pastor was struggling to prepare his sermon and didn't want to be disturbed by his five year old daughter, so he removed a map of the world from his study, tore it into pieces and gave it to his daughter to assemble with the promise that he would answer all her questions and play with her when she was done. He knew she would never be able to fix it. To his amazement, in less than five minutes, she returned to him in his study with the map in perfect shape, every continent and every country in its place. The surprised father asked, "Honey, you don't know anything about geography, so how did you fix the world so easily and quickly?" The five-year-old girl smiled sweetly and replied, "The picture of JESUS was at the back of the map and I knew that if I have JESUS in the right place, the whole world would be in perfect shape." That was just the right inspiration he needed for his sermon. He thanked his daughter and prepared a powerful sermon on the subject – 'Fix your world by placing JESUS at the right place.' Just place JESUS in his rightful place and your life will be in order.

Do you really understand this? Spread it to the world, let them know that **THEIR WORLD CANNOT BE FIXED WITHOUT JESUS.** We all need Jesus!

c/o May Joseph

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# HOLY WEEK





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## **Virtual Sunday School**

As the Church is currently closed, the Sunday School have set up a system with 'Zoom' whereby they can connect with anyone wishing to join in with Sunday School. Thanks to the Sunday School Team, any child wishing to join in with Sunday School can connect by clicking on a link. Mary's son, Aaron Bairstow, has written about his experiences of Virtual Sunday School.

*My mum is normally a Sunday School teacher and she wanted to set up a virtual Sunday School. So, we decided to use the computer to do this. It is really easy to set it up. It is like talking to people on a screen - like reporters on the news on television We have to host a meeting and then we use a special programme called Zoom on my mum's computer. We can see and hear everybody by using video and audio on the computer.*

*When we start, we say a prayer. This is the prayer we normally say, and this helps me know what I am doing. Then my mum explains what we are going to do in Sunday school, and we share what we have done in the week. We have made a prayer cube and wrapped teddies up like Lazarus. The best bit for me is saying hello to everyone. This makes me happy if you want to join just email my mum on [mary.bairstow@myphone.coop](mailto:mary.bairstow@myphone.coop)*

Aaron Bairstow

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## **Archbishop of Canterbury pays tribute to the Archbishop of York**

The Archbishop of Canterbury has paid tribute to the Archbishop of York in General Synod earlier today at what would have been his final Synod.

Archbishop Justin Welby praised the Archbishop of York who is currently travelling in the Pacific. He said: "He (John Sentamu) has gone to visit parts of the world which are suffering the effects of climate change right now. He has gone typically to be alongside those who are suffering: a pattern of his life throughout his ministry."

The Archbishop continued: “Speaking about Sentamu when he’s not here ... means we can show our gratitude, thanks and love for him without him being able to stop us.”

Recalling the Archbishop of York’s work on the Stephen Lawrence Inquiry, Archbishop Justin added that “he has said that he himself was stopped at least eight times by the police”.

Reflecting on the Archbishop of York’s impact nationally, the Archbishop of Canterbury said: “The Church of England will miss you Sentamu and the wider country will miss you. There aren’t a lot of bishops who are so well known outside the church.”

**(c/o Parish Pump)**

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## **The Echo Church**

A Rocha UK is working with others on a plan for churches across the country to hold a ‘climate Sunday’ during Creation Tide (1 September - 4 October), with a special service focusing on the climate crisis and our response as Christians. The campaign will also include a joint, potentially on-line action, for all churches on 6 September. Churches will be asked to commit to a suitable long term action on climate themselves as a congregation (for example, to get to the next stage of Eco Church within a particular time frame), and to raise their voice with others in a call for the UK government to get Britain on track to meet its targets to cut carbon emissions. A website with more information will be up and running by the end of April. So, look out for more news and do start thinking about how your church can join this unique initiative in the run up to COP26 which the UK will host at the end of the year.

A Rocha UK wants to be as helpful as possible to our supporters within the bounds of our mission and resources. Our Wild Christian programme for families and individuals will try to give supporters more ideas that are good for their well-being and for

nature - to help whilst stuck at home and living with major uncertainty and other emotional and practical challenges.

In response to this difficult time, we will be producing a fortnightly (instead of the normal monthly) Wild Christian email for the duration of the lockdown. To share your ideas on how you are maintaining a nature connection whilst staying at home and possibly self-isolating too, please email: wild.christian@arocha.org.

**Chris Baker**  
**St Andrew's Eco Church Team**

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### **3 April - Richard of Chichester - more clearly, dearly and nearly**

Ever wonder where the prayer ... *'May I know thee more clearly, love thee more dearly, and follow thee more nearly, day by day'* comes from? Richard of Chichester, a bishop in the 13<sup>th</sup> century, wrote it.

He began life as Richard de Wych of Droitwich, the son of a yeoman farmer. But Richard was a studious boy, and after helping his father on the farm for several years, refused an advantageous offer of marriage, and instead made his way to Oxford, and later to Paris and Bologna to study canon law.

In 1235 he returned to Oxford, and was soon appointed Chancellor, where he supported Edmund, Archbishop of Canterbury, in his struggles against King Henry III's misuse of Church funds. After further study to become a priest, Richard was in due course made a bishop himself. He was greatly loved. He was charitable and accessible, both stern and merciful to sinners, extraordinarily generous to those stricken by famine, and a brilliant legislator of his diocese. He decreed that the sacraments were to be administered without payment, Mass celebrated in dignified conditions, the clergy to be chaste, to practise residence, and to wear clerical dress. The laity was

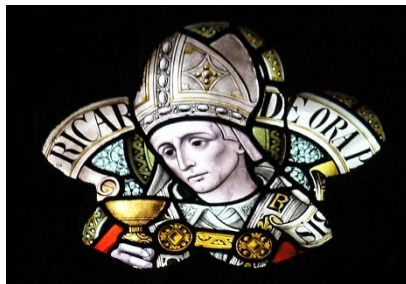


obliged to attend Mass on Sundays and holy days, and to know by heart the Hail Mary as well as the Lord's Prayer and the Creed.

Richard was also prominent in preaching the Crusade, which he saw as a call to reopen the Holy Land to pilgrims, not as a political expedition. He died at Dover on 3 April 1253. In art, Richard of Chichester is represented with a chalice at his feet, in memory of his having once dropped the chalice at Mass! One ancient English church is dedicated to him.

And, of course, he is author of that famous prayer, now set to popular music, which runs in full: "Thanks be to thee, my Lord Jesus Christ for all the benefits thou hast given me, for all the pains and insults which thou hast borne for me. O most merciful redeemer, friend and brother, may I know thee more clearly, love thee more dearly and follow thee more nearly, day by day."

(c/o Parish Pump)



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### Letter from Chris Baker

At this time of uncertainty when there are so many restrictions in place as to what we can and cannot do or where we can and cannot go, I feel so blessed to live where I live in Handsworth. A

place which has so much bad press but a place where in less than 5 minutes' walk from our front door Les and I find ourselves in the heart of the countryside.

We are currently walking everyday over Hilltop and Sandwell Valley exploring new paths. We have always said we would find where they went to one day but again never put Fr. John's 'round tuit' into action.

Day by day we see new life. Gone are the bare trees of Winter and new leaves and blossom of Spring appear, enhancing the beauty of God's creation. We hear the clear sounds of the birds singing not only to us but to each other and as we meet a few people along the way, we all share a "good morning" and a smile. So, life is not all doom and gloom. Let's take the positives and thank God every day; that we are alive to enjoy such beauty and for every one of those blessings he gives us each day. First and foremost, the blessing of his only Son who out of choice died for each and every one of us so that we might live.

I wish each and every one of you a Happy and Holy Easter and look forward to seeing you in church for a celebration service when this crisis is over.

Take care all of you

Chris Baker

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## **Psalm 22: Why have you forsaken me?**

*'My God, my God, why have you forsaken me?'* (Psalm 22:1 & Matt 27:46). *Where is God?* is a common question voiced today and shared by Jesus on the cross on the first Good Friday. This question is answered in the psalm, as we look through the lens of Jesus' crucifixion.

*It is a real question:* Both David and Jesus question God about the pain and darkness of their experience. It is a real question for all who suffer, yet they are still able to hold onto a God of love, who has their lives in His hands: *'Yet you are enthroned as the Holy One; you are the one Israel praises.'* (3).

*It requires faith to ask:* Their complaint about the apparent absence of God is not a sign of losing faith in Him. David remembers those who have trusted God in the past and been saved from their troubles: *'In you our ancestors put their trust; they trusted, and You delivered them.'* (4). Just like Jesus on the cross, we are able to entrust ourselves *'to Him who judges justly.'* (1 Peter 2:23).

*It is answered in experience:* When David cried out to God, he experienced his deliverance: *'For He has not despised or scorned the suffering of the afflicted one; He has not hidden His face from him but has listened to his cry for help.'*(24). As a result, David was able to praise God and witness to His faithfulness. The fulfilment of these verses is seen in Jesus' resurrection, which we celebrate on Easter Sunday. He was vindicated by God and has become the source of life and hope for all who trust themselves to Him.

In answer to the question *'Where is God?'*, we hear the answer, *'Look to the cross of Jesus!'*

(c/o Parish Pump)

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Passionflower **Why is the passionflower called the passionflower?** This beautiful climbing plant that grows in many of our gardens, was discovered in South America by Spanish missionaries centuries ago. Drawings were sent back to Europe and in 1609 an Italian priest interpreted the flower to represent the crucifixion, otherwise known as the Passion. The five petals and five sepals represent the 10 disciples who remained steadfast (Judas and Peter both abandoned Jesus). The corona is the crown of thorns. The stigma is the cross or nails, and the five stamens are the number of wounds Jesus received.

(c/o Parish Pump)

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## **Do not be astonished**

*John 3; 1-10*

How can these things be?  
You are a teacher, and a worker of miracles.  
So, you must come from God.  
I am not asking; I am telling you.  
But what you say answers me.  
To understand what I do, you say,  
You must start from scratch.  
Born not of flesh, nor of the will of man  
But of the wind God breathes.  
This in itself is a miracle.  
A work beyond nature.  
The flesh, we think, is what is real.  
The world around us, nature, a human birth.  
The wind inhabits a different universe.  
Invisible. But you see what it does.  
You see how the grass bows.  
You hear how the tree sighs.  
Where is it from? Where does it go?  
This is God whom you claim to know I come from.  
In your real world you are really nothing.  
You are trapped in this world.  
Where are you from? Where do you go?  
A world full of misconceptions, miscommunications.  
In your real world you are really nothing.  
Nothing where you were born.  
Nothing where you will die.  
But look out from the trap, between the bars.  
By God's grace, we see  
The bowed grass, hear the sighing trees –  
The world of the wind.  
And to reach it take my hand,  
The bars will grow strangely dim.  
There is no human possibility of salvation.  
Man cannot be saved.  
But God can save you.

He can start you from scratch  
In a new universe  
Of wind and spirit, breathing grace and truth  
Really something, and miracle.  
Do not be astonished.  
No, really!

c/o Alison Thorne

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### **WALSINGHAM**

This year marked the Re-Dedication of England as the Dowry of Mary on 29 March 2020. This means that we make of ourselves a gift to give to Mary, and in return we ask for her protection. More than 500,000 people took part in the live streaming on 29 March 2020 from The Walsingham National Shrine in Norfolk. Mgr John Armitage, Rector of The Catholic National Shrine, said "*When our bishops decided three years ago to undertake this rededication, they could never have foreseen the extent of our need at this time. Today we undertake this dedication in the 'eye of the storm.'*"

Further information about Walsingham can be found on their website <https://www.walsingham.org.uk>

Courtesy of Joan Wild.

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## EASTER WORDSEARCH

Even as Jesus ate that last Passover meal with His disciples, He warned them He was about to be betrayed. He took the bread, blessed it, broke it and gave it to them; He took the cup, gave thanks, and gave it to them to drink. The Old Covenant, based on Law, was ticking away its final hours; the New Covenant, based on Christ's body and His blood, was about to be ushered in. Jesus prayed in Gethsemane that this fearful cup might be removed from Him, but even more, that God's will might be done. And it was. From Easter onwards we can only approach God through His Son, Jesus Christ, not on our own merit.



Jesus Ate Last Passover Meal Disciples Warned Betrayed Bread  
Blessed Wine Thanks Drink Covenant Law Old New Body Blood  
Gethsemane Cup Removed Will Easter Approach God

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**NOTE FROM THE EDITOR – Eileen Lawrence**

*This is a first for St Andrew’s, as this month we hope to attach the magazine to St Andrew’s website, due to the current church closure. Thank you for your contributions and assistance. There will also be printed versions and sent by email. I came across a website quoting Bible verses to provide peace and hope from God during the coronavirus pandemic. I hope one of these verses provides you with support.*

**Do not be anxious about anything**, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.  
(Philippians 4:6-7)

**So do not fear, for I am with you**; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. (Isaiah 41:10)

**And he said to his disciples**, Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on. For life is more than food, and the body more than clothing. Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds! (Luke 12:22-24)

**When anxiety was great within me**, your consolation brought me joy. (Psalm 94:19)

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**St Andrew's PCC**

*Carl Hart- Church Warden  
Elaine Powell- Church Warden  
Nora Pottinger - Deputy Church Warden  
Leonora Dore - Secretary  
Richard Paton-Devine – Treasurer*

*Mary Bairstow  
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Joan Wild*

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FEAR

NOT

for

I AM

*with you*

Isaiah 41:10

*ST ANDREW'S CHURCH,  
HANDSWORTH*